



Ready to Cook

## Breaded Breast Filet (5 oz. avg.)

These ready to cook 5 oz. Whole Muscle Filets provide a hearty meal. Suited to sandwiches, wraps, or as a starting point for classic entrees, these filets will be your go-to for lunch and dinner menus, catering, and banquets.

### Product Information

Product Code: 130498
Case UPC: 10037371014982
Package UPC: 037371304987
Inner Pack Quantity: 2      Weight: 5.00 lbs.
Net Case Weight: 10.0000 lbs.
Tare Weight: 0.8623 lbs.
Case Dimensions: 8.8750x9.2500x11.8125
Cases Per Pallet: 153      Shelf Life:
TI/HL: 17/9      Cube: 0.5612

### Nutritional Information

Serving Size	1 fillet (142g)	
Serving Per Container	about 32	
<b>Amount Per Serving</b>		
<b>Calories</b>	290	
Calories from fat	140	
		<b>% DV</b>
<b>Total Fat</b>	15 g	<b>23%</b>
Saturated Fat	3 g	<b>15%</b>
Trans Fat	0 g	
<b>Cholesterol</b>	50 mg	<b>17%</b>
<b>Sodium</b>	750 mg	<b>31%</b>
<b>Total Carbohydrates</b>	16 g	<b>5%</b>
Dietary Fiber	1 g	<b>4%</b>
Sugars	5 g	
<b>Protein</b>	22 g	
Vitamin A	0%	
Vitamin C	2%	
Calcium	2%	
Iron	4%	

### Storage & Distribution

Product will be stored at 0 F or below and will not exceed 10 F during shipping.

### Cooking Instructions

FRY: 4 to 6 minutes at 360°F.

### Ingredients

Boneless Skinless Chicken Breast With Rib Meat Containing upto 18% of a Solution of Water, Salt, and Sodium Phosphate. Breaded With: Bleached Wheat Flour, Salt, Yellow Corn Flour, Leavening (Monocalcium Phosphate, Sodium Bicarbonate), Sodium Alginate, Whey, Nonfat Milk, Natural Flavor, Extractives of Celery Seed. Battered With: Water, Enriched Wheat Flour (Wheat Flour, Niacin, Tricalcium Phosphate, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt, Yellow Corn Flour, Buttermilk Solids, Garlic Powder, Spices, Xanthan Gum And Spice Extractives. Breeding Set In Soybean Oil.