



Fully Cooked

Grilled Breast Strips

Fully Cooked Grilled Breast Strips from O.K. Foods offer the quality, consistency, and convenience you crave. Ideal for a salad topper, in fajitas or a healthy chicken wrap sandwich, or as a starting point for stir fries or curries. This basic saves you steps!

Product Information

Product Code: 130864	
Case UPC: 10037371308647	
Package UPC: 037371308640	
Inner Pack Quantity: 2	Weight: 5.00 lbs.
Net Case Weight: 10.0000 lbs.	
Tare Weight: 1.0552 lbs.	
Case Dimensions: 8.0625x9.8125x12.3750	
Cases Per Pallet: 150	Shelf Life: 12 Months
TI/Hi: 15/10	Cube: 0.5666

Nutritional Information

Serving Size	3oz (84g)	
Serving Per Container	about 53	
Amount Per Serving		
Calories	120	
Calories from fat	35	
	% DV	
Total Fat	4 g	6%
Saturated Fat	1 g	5%
Trans Fat	0 g	
Cholesterol	70 mg	23%
Sodium	390 mg	16%
Total Carbohydrates	1 g	0%
Dietary Fiber	0 g	
Sugars	0 g	
Protein	22 g	
Vitamin A	0%	
Vitamin C	4%	
Calcium	0%	
Iron	4%	

Storage & Distribution

Product will be stored at 0°F or below and will not exceed 10°F during shipping.

Cooking Instructions

CONVENTIONAL OVEN: Preheat oven to 400°F. Place frozen strips on a baking sheet. Bake for 8 to 12 minutes.

MICROWAVE: Place frozen strips on microwave-safe dish and heat on high power for 1 to 3 minutes.

Appliances vary. Adjust cooking times accordingly.

Ingredients

Boneless Skinless Chicken Breast Strips with Rib Meat, Water, Cultured Corn Sugar & Vinegar, Seasoning [Maltodextrin, Salt, Modified Corn Starch, Grill Flavor (from Partially Hydrogenated Soybean/Cottonseed Oil), Onion Powder, Garlic Powder, Xanthan Gum, Natural Smoke Flavor], Grill Seasoning [Maltodextrin, Salt, Hydrolyzed Soy Protein, Mustard, Grill Flavor (from Sunflower Oil), Onion Powder, Garlic Powder, Spice, Caramel Color, Natural Flavor (Including Smoke Flavor)], Sodium Phosphates, Salt.