



Ready to Cook

4oz. Homestyle Breaded Chicken Breast Filets

Ready to cook Homestyle Breaded Chicken Breast Filets make a great sandwich or a starting point for many classic dishes. Serve them with potatoes and gravy for a hearty lunch or dinner item, or dice them for chef salad.

Product Information

Product Code: 130973
Case UPC: 10037371009735
Package UPC: 037371009738
Inner Pack Quantity: 2 Weight: 5.00 lbs.
Net Case Weight: 10.0000 lbs.
Tare Weight: 0.8540 lbs.
Case Dimensions: 8.8750x9.2500x11.8125
Cases Per Pallet: 153 Shelf Life:
TI/HL: 17/9 Cube: 0.5612

Nutritional Information

Serving Size	1 fillet (112g)	
Serving Per Container	about 41	
Amount Per Serving		
Calories	200	
Calories from fat	80	
		% DV
Total Fat	9 g	14%
Saturated Fat	1.5 g	8%
Trans Fat	0 g	
Cholesterol	35 mg	12%
Sodium	850 mg	35%
Total Carbohydrates	13 g	4%
Dietary Fiber	1 g	4%
Sugars	5 g	
Protein	17 g	
Vitamin A	0%	
Vitamin C	0%	
Calcium	0%	
Iron	4%	

Storage & Distribution

Product will be stored at 0 F or below and will not exceed 10 F during shipping.

Cooking Instructions

PRODUCT MUST BE COOKED TO AN INTERNAL TEMPERATURE OF 165°F AS MEASURED BY USE OF A THERMOMETER.

COOKING INSTRUCTIONS: Appliances vary, adjust accordingly.

DO NOT MICROWAVE

DEEP FRY: 4 - 6 minutes at 350°F from frozen.

CONVENTIONAL OVEN: Preheat Oven to 375°F. Bake for 20 - 25 minutes from frozen.

CONVECTION OVEN: Preheat Oven to 375°F. Bake for 18 - 22 minutes from frozen.

Ingredients

*Chicken Breast Fillets with Rib Meat containing up to 18% of a Solution
Solution Ingredients: Water, Sodium Phosphate and Salt. Breaded and Battered With:
Bleached Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine
Mononitrate, Riboflavin, Folic Acid), Water, Modified Corn Starch, Salt, Yellow Corn
Flour, Spices, Leavening (Sodium Bicarbonate, Sodium Aluminum Phosphate, Sodium
Acid Pyrophosphate), Soybean Oil, Flavor (Maltodextrin, Autolyzed Yeast Extract,
Flavor, and Hydrolyzed Corn Protein), Dehydrated Bell Pepper, Garlic Powder, Onion
Powder, Hydrolyzed Wheat Protein, and Paprika. Breading Set in Soybean Oil.*