



Ready to Cook

## SAVORY BREADED BREAST FILET, 4 OZ

*These Ready-to-Cook breaded breast filets are perfect when prepared as a sandwich with some fries or mac & cheese. Place over the top of spaghetti and top with some marinara sauce for Chicken Marinara.*

Product Information	
Product Code: 130976	
Case UPC: 10037371309767	
Package UPC: 037371309760	
Inner Pack Quantity: 2	Weight: 5.00 lbs.
Net Case Weight: 10.0000 lbs.	
Tare Weight: 1.0710 lbs.	
Case Dimensions: 8.0625x9.8125x12.3750	
Cases Per Pallet: 135	Shelf Life:
TI/HL: 15/9	Cube: 0.5666

Nutritional Information		
Serving Size	1 filet (112g)	
Serving Per Container	about 41	
Amount Per Serving		
<b>Calories</b>	200	
Calories from fat	80	
	<b>% DV</b>	
<b>Total Fat</b>	9 g	<b>14%</b>
Saturated Fat	1.5 g	<b>8%</b>
Trans Fat	0 g	
<b>Cholesterol</b>	50 mg	<b>17%</b>
<b>Sodium</b>	720 mg	<b>30%</b>
<b>Total Carbohydrates</b>	11 g	<b>4%</b>
Dietary Fiber	1 g	<b>4%</b>
Sugars	5 g	
<b>Protein</b>	19 g	
Vitamin A	0%	
Vitamin C	0%	
Calcium	2%	
Iron	2%	

### Storage & Distribution

*Product will be stored at 0° F or below and will not exceed 10° F during shipping.*

### Cooking Instructions

*PRODUCT MUST BE COOKED TO AN INTERNAL TEMPERATURE OF 165°F AS MEASURED BY USE OF A THERMOMETER.*

*COOKING INSTRUCTIONS: Appliances vary, adjust accordingly.*

*DO NOT MICROWAVE*

*DEEP FRY: 6 - 8 minutes at 350°F from frozen.*

*CONVENTIONAL OVEN: Preheat Oven to 375°F. Bake for 25 - 30 minutes from frozen.*

*CONVECTION OVEN: Preheat Oven to 375°F. Bake for 23 - 27 minutes from frozen.*

### Ingredients

*Ingredients: Chicken Breast Filets with Rib Meat Containing up to 18 % of a Solution of Water, Seasoning [Sugar, Salt, Onion Powder, Yeast Extract, Garlic Powder, Torula Yeast, Spices, Disodium Inosinate and Disodium Guanylate, Flavor (Hydrolyzed Soy Protein, Yeast Extract, Flavor, Hydrolyzed Corn Protein, Chicken Fat, Maltodextrin, Silicon Dioxide), Paprika, Spice Extractives], Sodium Phosphate. PREDUSTED and BATTERED WITH: Water, Wheat Flour, Dried Whole Eggs, Salt, Nonfat Dry Milk, Leavening (Sodium Bicarbonate, Sodium Aluminum Phosphate, Monocalcium Phosphate), Sugar, Yeast Extract, Disodium Inosinate and Disodium Guanylate. BREADED WITH: Bleached Wheat Flour, Sugar, Salt, Leavening (Sodium Bicarbonate, Sodium Aluminum Phosphate, Monocalcium Phosphate), Spices, Nonfat Dry Milk, Yeast Extract, Disodium Inosinate and Disodium Guanylate, Paprika, Extractives of Turmeric. Breading Set in Soybean Oil.*