



Ready to Cook

Wing Drummettes

TenderBird features a popular variety of restaurant quality chicken selections, individually frozen for freshness and convenience.

Product Information

Product Code: 232315	
Case UPC: 10037371013152	
Package UPC: 037371013155	
Inner Pack Quantity: 10	Weight: 3.00 lbs.
Net Case Weight: 30.0000 lbs.	
Tare Weight: 2.3966 lbs.	
Case Dimensions: 10.9375x13.3750x17.6250	
Cases Per Pallet: 56	Shelf Life: 15 Months
TI/HL: 8/7	Cube: 1.4921

Nutritional Information

Serving Size	4 oz edible portions (112)	
Serving Per Container	about 8	
Amount Per Serving		
Calories	150	
Calories from fat	80	
	% DV	
Total Fat	9 g	14%
Saturated Fat	2.5 g	13%
Trans Fat	0 g	
Cholesterol	90 mg	30%
Sodium	400 mg	17%
Total Carbohydrates	2 g	1%
Dietary Fiber	0 g	0%
Sugars	0 g	
Protein	17 g	
Vitamin A	0%	
Vitamin C	0%	
Calcium	0%	
Iron	6%	

Storage & Distribution

Product will be stored at 0 F or below and will not exceed 10 F during shipping.

Cooking Instructions

CONVENTIONAL OVEN:

1. Arrange chicken drummettes in a single layer on a shallow oven roasting pan.
2. Cook at 375°F until thoroughly cooked (internal temperature of at least 180°F).
3. To prevent overcooking, check product at 20 minutes and then at 10 minute intervals until product is thoroughly cooked.
4. Let stand 3 to 5 minutes before serving.

Oven temperatures may vary. Adjust cooking times accordingly.

Ingredients

Chicken Wing Drummettes Containing up to 15% Seasoned Chicken Broth

Chicken Broth Ingredients: Chicken Broth, Salt, and Sodium Phosphates.