



Ready to Cook

## Hickory Breast Filets

*TenderBird Seasoned Chicken features a popular mix of restaurant quality flavors without the effort of marinating at home. For freezer-to-oven convenience, leave the marinating to us.*

Product Information	
Product Code:	232694
Case UPC:	10037371016948
Package UPC:	037371016941
Inner Pack Quantity:	10
Weight:	40.00 ozs.
Net Case Weight:	25.0000 lbs.
Tare Weight:	2.3542 lbs.
Case Dimensions:	10.3750x13.3750x17.6250
Cases Per Pallet:	56
Shelf Life:	15 Months
TI/Hi:	8/7
Cube:	1.4154

Nutritional Information	
Serving Size	4 oz. (112 g)
Serving Per Container	10
<b>Amount Per Serving</b>	
<b>Calories</b>	110
Calories from fat	10
	<b>% DV</b>
<b>Total Fat</b>	1.5 g <b>2%</b>
Saturated Fat	0 g <b>0%</b>
Trans Fat	0 g
<b>Cholesterol</b>	60 mg <b>20%</b>
<b>Sodium</b>	810 mg <b>34%</b>
<b>Total Carbohydrates</b>	3 g <b>1%</b>
Dietary Fiber	0 g <b>0%</b>
Sugars	1 g
<b>Protein</b>	20 g
Vitamin A	0%
Vitamin C	0%
Calcium	0%
Iron	4%

### Storage & Distribution

*Product will be stored at 0 F or below and will not exceed 10 F during shipping.*

### Cooking Instructions

*CONVENTIONAL OVEN:*

1. Arrange chicken breasts filets in a single layer on a shallow oven roasting pan.
2. Cook at 375°F until thoroughly cooked (internal temperature of at least 170°F).
3. To prevent overcooking, check product at 20 minutes and then at 10 minute intervals until product is thoroughly cooked.
4. Let stand 3 to 5 minutes before serving.

*Oven temperatures may vary. Adjust cooking times accordingly.*

### Ingredients

*Boneless Skinless Chicken Breast Fillets With Rib Meat Containing Up To 22% Seasoned Chicken Broth*

*Chicken Broth Ingredients: Chicken Broth, Seasoning [Salt, Sugar, Maltodextrin, Sodium Phosphate, Hydrolyzed Corn Protein, Cultured Whey (From Milk), Autolyzed Yeast, Lemon Juice Powder (Maltodextrin, Lemon Juice Concentrate), Chicken Flavor (Cooked Chicken, Modified Food Starch, Maltodextrin, Salt, Corn Oil, Beef Extract, Hydrolyzed Gelatin, Thiamine And Flavoring), Natural Hickory Smoke Flavor, Grill Flavor (Maltodextrin, Natural Flavors, Modified Food Starch, Corn Syrup Solids, Tricalcium Phosphate), Natural Flavor And Polysorbate 80], Seasoning [Maltodextrin, Natural Smoke Flavors, Grill Flavor (From Soybean/Cottonseed Oil, Salt), Modified Food Starch, Corn Syrup Solids, Mono And Diglycerides], And Sodium Phosphate.*

*Glazed With: Water, Seasoning (Bleached Wheat Flour, Maltodextrin, Salt, Spices, Sugar, Soybean Oil, Modified Food Starch, Hydrolyzed Soy And Corn Protein, Paprika, Garlic Powder, Autolyzed Yeast Extract, And Onion Powder), Soybean Oil, And Soy Lecithin.*