



Fully Cooked

## 1.4oz. Southern Fried Whole Grain Tenders (C.N.)

Fully cooked Southern Fried Formed Tenders can be finished in the oven, fryer, or microwave. They're perfect for a appetizer, salad topper or with ketchup and fries for the kids.

### Product Information

Product Code: 233350
Case UPC: 10037371333502
Package UPC: 037371333505
Inner Pack Quantity: 2      Weight: 5.00 lbs.
Net Case Weight: 10.0000 lbs.
Tare Weight: 0.8540 lbs.
Case Dimensions: 8.8750x9.2500x11.8125
Cases Per Pallet: 153      Shelf Life: 12 Months
TI/Hi: 17/9      Cube: 0.5612

### Nutritional Information

Serving Size	2 tenders (81 g)	
Serving Per Container	about 56	
<b>Amount Per Serving</b>		
<b>Calories</b>	170	
Calories from fat	90	
		<b>% DV</b>
<b>Total Fat</b>	10 g	<b>15%</b>
Saturated Fat	2 g	<b>10%</b>
Trans Fat	0 g	
<b>Cholesterol</b>	25 mg	<b>8%</b>
<b>Sodium</b>	450 mg	<b>19%</b>
<b>Total Carbohydrates</b>	10 g	<b>3%</b>
Dietary Fiber	1 g	<b>4%</b>
Sugars	1 g	
<b>Protein</b>	9 g	
Vitamin A	0%	
Vitamin C	0%	
Calcium	2%	
Iron	8%	

### Storage & Distribution

Product will be stored at 0°F or below and will not exceed 10°F during shipping.

### Cooking Instructions

**MICROWAVE OVEN:** Arrange tenders on microwave cooking sheet and heat on high power for 1 to 3 minutes.  
**CONVENTIONAL OVEN:** Arrange patties on baking sheet and bake at 375°F for 8 to 12 minutes.  
**OVEN TEMPERATURES MAY VARY.** Adjust cooking times accordingly.

### Ingredients

Boneless Chicken Breast with Rib Meat, Water, Soy Protein Concentrate, Seasoning (Brown Sugar, Salt, Natural Flavor), Vegetable Protein Product (Isolated Soy Protein, Magnesium Oxide, Zinc Oxide, Niacinamide, Ferrous Sulfate, Vitamin B12, Copper Gluconate, Vitamin A Palmitate, Calcium Pantothenate, Pyridoxine Hydrochloride, Thiamine Mononitrate and Riboflavin), Sodium Phosphates. **BREADED AND BATTERED WITH:** Enriched Fine Grind Whole Grain Wheat Flour and Enriched Wheat Flour (Fine Grind Whole Wheat Flour and Wheat Flour, Wheat Starch, Niacin {Vitamin B3}, Reduced Iron, Thiamine Mononitrate {Vitamin B1}, Riboflavin {Vitamin B2}, Folic Acid), Water, Salt, Whole Grain Corn Flour, Dextrose, Sodium Bicarbonate, Extractive of Paprika, Soybean Oil, Sodium Acid Pyrophosphate, Sugar, Sodium Aluminum Phosphate, Spices, Spice Extractives, Garlic Powder, Sodium Alginate. *Breading Set in Soybean Oil.*

#### CN Statement:

TWO 1.43 OZ. FULLY COOKED, SOUTHERN FRIED CHICKEN BREAST TENDERS, TENDER SHAPED CHICKEN BREAST PATTY WITH RIB MEAT FRITTERS, PROVIDE 1.50 OZ. EQUIVALENT MEAT/MEAT ALTERNATE AND 1.50 OZ. EQUIVALENT GRAINS FOR CHILD NUTRITION MEAL PATTERN REQUIREMENTS. (USE OF THIS LOGO AND STATEMENT AUTHORIZED BY THE FOOD AND NUTRITION SERVICE, USDA 05/14).