



Fully Cooked

Southern Fried Whole Grain Nuggets (Child Nutrition)

These fully cooked southern fried, portion controlled, nuggets are perfect for kid's menus and much more.

Product Information

Product Code: 233353	
Case UPC: 10037371013534	
Package UPC: 037371013537	
Inner Pack Quantity: 2	Weight: 5.00 lbs.
Net Case Weight: 10.0000 lbs.	
Tare Weight: 0.8540 lbs.	
Case Dimensions: 8.8750x9.2500x11.8125	
Cases Per Pallet: 153	Shelf Life: 12 Months
TI/Hi: 17/9	Cube: 0.5612

Nutritional Information

Serving Size	5 nuggets (106g)	
Serving Per Container	about 42	
Amount Per Serving		
Calories	210	
Calories from fat	110	
	% DV	
Total Fat	12 g	19%
Saturated Fat	2.5 g	13%
Trans Fat	0 g	
Cholesterol	35 mg	12%
Sodium	570 mg	24%
Total Carbohydrates	12 g	4%
Dietary Fiber	1 g	4%
Sugars	1 g	
Protein	13 g	
Vitamin A	0%	
Vitamin C	0%	
Calcium	0%	
Iron	8%	

Storage & Distribution

Product will be stored at 0 F or below and will not exceed 10 F during shipping.

Cooking Instructions

CONVENTIONAL OVEN:
Preheat oven to 400°F. Place frozen product in a single layer on a baking sheet. Heat uncovered for 10 to 15 minutes. Turn product after 5 minutes. Let stand for 2 to 3 minutes before serving.

MICROWAVE:
Arrange frozen product in a single layer on a microwave-safe plate. Heat uncovered on high for 1 to 3 minutes. Let stand for 2 to 3 minutes before serving.

FRYER (Preferred heating method):
Cook at 375°F for 3 to 4 minutes. Let stand for 2 to 3 minutes.

CAUTION: *Hot oil can spatter when it comes in contact with water or ice crystals. Take extra precautions.*

Ingredients

Boneless Chicken Breast with Rib Meat, Water, Soy Protein Concentrate, Seasoning (Brown Sugar, Salt, Natural Flavor), Vegetable Protein Product (Isolated Soy Protein, Magnesium Oxide, Zinc Oxide, Niacinamide, Ferrous Sulfate, Vitamin B12, Copper Gluconate, Vitamin A Palmitate, Calcium Pantothenate, Pyridoxine Hydrochloride, Thiamine Mononitrate and Riboflavin), Sodium Phosphates. BREADED AND BATTERED WITH: Enriched Fine Grind Whole Grain Wheat Flour and Enriched Wheat Flour (Fine Grind Whole Wheat Flour and Wheat Flour, Wheat Starch, Niacin {Vitamin B3}, Reduced Iron, Thiamine Mononitrate {Vitamin B1}, Riboflavin {Vitamin B2}, Folic Acid), Water, Salt, Whole Grain Corn Flour, Dextrose, Sodium Bicarbonate, Extractive of Paprika, Soybean Oil, Sodium Acid Pyrophosphate, Sugar, Sodium Aluminum Phosphate, Spices, Spice Extractives, Garlic Powder, Sodium Alginate. Breading Set in Soybean Oil.

CN Statement:
FIVE 0.75 OZ. FULLY COOKED, SOUTHERN FRIED CHICKEN BREAST NUGGETS, NUGGET SHAPED CHICKEN BREAST PATTY WITH RIB MEAT FRITTERS, PROVIDE 2.00 OZ. EQUIVALENT MEAT/MEAT ALTERNATE AND 1.75 OZ. EQUIVALENT GRAINS FOR CHILD NUTRITION MEAL PATTERN REQUIREMENTS. (USE OF THIS LOGO AND STATEMENT AUTHORIZED BY THE FOOD AND NUTRITION SERVICE, USDA 09/13.)